

How to Get the Most from Your PMC Workshop

Remember the 3 R's...

Responsibility

- Done properly, learning takes effort. *Expect to stretch your brain.*
- Take responsibility for your own learning. *Don't wait to be 'trained'.*
- Learning is about questioning yourself, the situation, each other, your Instructor and your world. *Question everything.*

Readiness

- Prepare yourself to learn, by deciding what you need to know. Are you looking for personal fulfillment? Professional development? Work skills? *Learn purposefully.*
- Look at the workshop outline and identify the areas of the course you will focus on. *What matters most to you, your team, your department, your organization?*
- Ask your manager and colleagues what skills and knowledge they need from the workshop. *Bring it back.*
- We learn best when we are having fun, when we can express ourselves, and when we are fully engaged in the process. *Prepare to enjoy yourself, and leap into the learning process.*
- Turn off your smart phone and other electronic devices, for your own sake and as a courtesy to others. *Focus on learning.*

Resourcefulness

- Be ready to recognize important pieces of information when they come your way. *Develop a vision of what you need to know.*
- Don't rely solely on your instructor and workbook. Learning is about sharing knowledge with others. *Learn all you can from your classmates.*
- Use every spare moment to do additional networking or research. *Bring back insights and questions.*
- Writing and drawing in the workbook will help you learn. *Make the workbook your own!*
- Create personal symbols for the key ideas, points or actions that you want to remember. *This will help you to identify key learnings.*